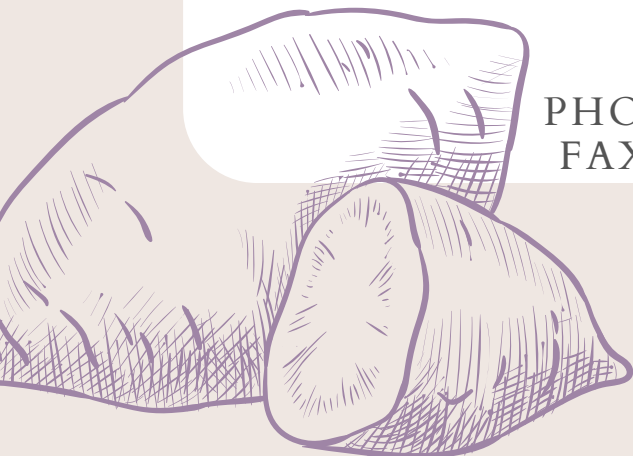


1335 S. 10TH STREET OMAHA, NE  
68108

## Weekly Take Home Thursday

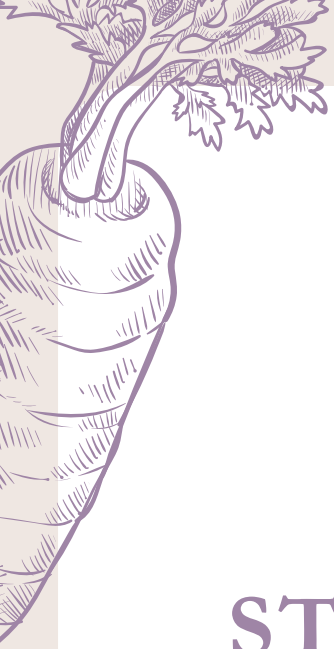


OCT. 30 - NO SCHOOL  
NOV. 3 - NO SCHOOL  
NOV. 13 - NO SCHOOL  
NOV. 20 - 24 NO SCHOOL (THANKSGIVING  
BREAK)



PHONE: 402-346-5757  
FAX: 402-346-8794





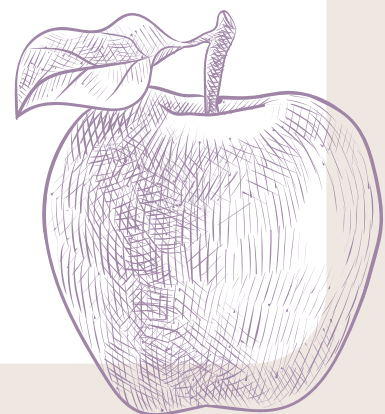
# STUDENT AND FAMILY SUPPORT PROGRAM

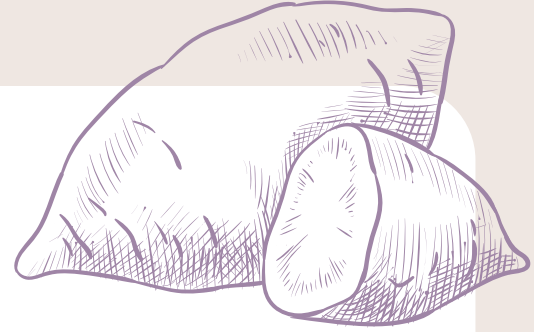
DO YOU HAVE A HIGH-INTEREST LOAN?  
WOULD YOU LIKE TO EXPLORE A VERY  
LOW-INTEREST LOAN OPTION TO HELP  
YOU GET OUT OF DEBT?

CONTACT MR. SWANNY, DIRECTOR OF  
STUDENT AND FAMILY SUPPORT

AT

*531-910-9173*

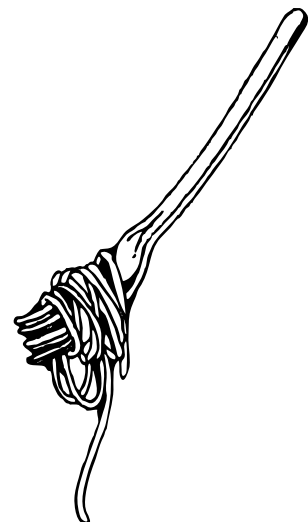




# SPAGHETTI DINNER OCTOBER 15

THERE ARE OPPORTUNITIES FROM  
OCTOBER 7TH ALL THE WAY UP TO THE  
DINNER ON THE 15TH!! PLEASE SIGN UP.

[https://www.signupgenius.com/go/7oAo  
F48ADAB2DA46-stfrances#/](https://www.signupgenius.com/go/7oAoF48ADAB2DA46-stfrances#/)





## ABSENTEE & RETAKE PICTURE DAY



**BACKGROUNDS MAY VARY  
– MORE CHOICES ONLINE!**

**RETAKE:**

For a no charge retake, return the entire package to the photographer on retake day.

**ABSENTEE:**

Please Order Now!



1

**Build Your Own**

You can select multiple backgrounds & build your package.

**MUST PURCHASE ONLINE TO SELECT MULTIPLE BACKGROUNDS!**

2

**Add-On Bundle**

You can save by bundling digital add-ons to your online order.

**PERSONALIZATION & BASIC RETOUCHING**

### ALL SAINTS CATHOLIC SCHOOL

Absentee/Retake Picture Day is

**October 18, 2023**

0092922AR

**order code for online purchases**

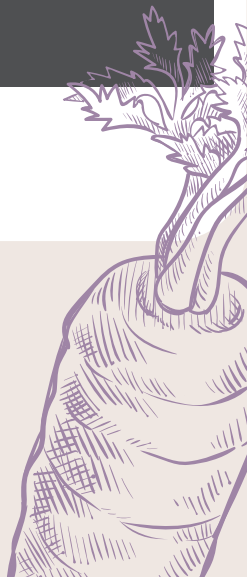
(password expires 24 hrs. after picture day)

**CLICK TO ORDER**



**THIS IS A PREPAY EVENT. PAYMENT IS DUE ON PICTURE DAY.** *Este es un evento prepago. Pago se debe entregar el dia de las fotos.*

BARKSDALE SCHOOL PORTRAITS | WWW.BARKSDALEPHOTO.COM  
PICTURES WITH CLASS by Barksdale | WWW.PICTURESWITHCLASS.COM  
HOCKMEYER with Barksdale | WWW.HOCKSTUDIO.COM  
QUESTIONS? 1.800.220.7667





# CAPTURE YOUR MEMORIES IN THIS YEAR'S ALL SAINTS CATHOLIC SCHOOL YEARBOOK!

treering

**10% OFF**  
purchase by  
**October 31**



## Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

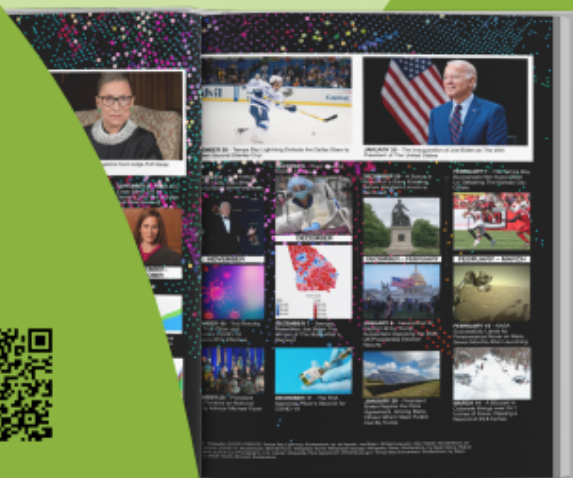
Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

## To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to: [www.treering.com/validate](http://www.treering.com/validate)
- 2 Enter your school's passcode:  
1015828224843051



Regular price: **\$14.10**

Create Custom Pages by: **Mar 25**

# ALL SAINTS COUNSELOR CORNER

Ms. Ervin: October Newsletter

## Themes

Throughout October your Students will be finishing up Growth Mindset. Students' have learned ways to set goals, grow their brains, and the importance of practice. Students will begin learning about Emotional Regulation and how our emotions effect our every day lives.

## At Home

Here are some helpful tips to help your student with Emotional Regulation at Home.

- Reassure your child that all feelings are valid.
- Practice deep breathing.
- Be an example for your child.
- Allow your child to feel their emotions.
- Prepare your child for negative emotions.

## Contact Me

If you have any questions or concerns about your child, please feel free to reach out to me. My contact information is below:

- [hervin@allsaintscs.org](mailto:hervin@allsaintscs.org)
- 402-346-5757 ext. 2016

## Resources

Here are a few Resources for you and your child.

Catholic Charities:

- We are excited to be partnering with Catholic Charities again this year. Our In-School Therapist is Jamal Morton. If therapy for your child is something you would be interested in please contact me.

Teammates:

- We are excited to welcome the Teammates Mentoring Program back to All Saints! Any student from grades 3-8 can have a mentor. Teammates gives students an opportunity to work with an adult mentor to build leadership and other life skills. If you or your child are interested please contact me.

How to Help Kids Understand and Manage their Emotions:

- <https://www.apa.org/topics/parenting/emotion-regulation>





Upcoming Events at Mercy High School, for more information go to

<https://www.mercyhigh.org/admissions/recruitment-events.cfm>

7th & 8th Grade Girls Mercyfest on October 14th from 5-8 p.m.

Play games, meet new friends, create an art project, have dinner, and learn skills from Mercy volleyball players.

6th-8th Grade Lunch & Learn for Parents from Noon-1 P.M.

October 17th

November 9th

December 6th

Enjoy lunch and conversation with our president and principal to learn why more Omaha parents are choosing Mercy for their daughters.





## FALL ACTIVITIES AT MARIAN

SEE FOR YOURSELF WHAT IT'S LIKE TO BE A MARIAN GIRL – SPEND THE DAY WITH A CURRENT STUDENT! VISIT DAYS ARE CURRENTLY OPEN FOR SEVENTH AND EIGHTH-GRADE GIRLS. IN THE SECOND SEMESTER, VISITS WILL OPEN FOR SIXTH-GRADE GIRLS AS WELL. SPACES ARE LIMITED -SCHEDULE YOUR VISIT [HERE](#).

### VOLLEYBALL FAN NIGHT

**THURSDAY, OCT. 12 | JV @ 5:30PM & VARSITY @ 6:30PM**

JOIN US IN THE EAST GYM ON MARIAN'S CAMPUS TO WATCH OUR CRUSADERS TAKE ON WESTSIDE! WEAR YOUR GRADE SCHOOL JERSEY/SHIRT OR A MARIAN T-SHIRT FOR FREE ADMISSION, NO PREREGISTRATION IS NEEDED. FREE MARIAN SWAG AND A RAFFLE DRAWING!

### MINI SURPRISE NIGHT

**FRIDAY, OCT. 20, 2023 | 7-9 P.M.**

IT'S NO SURPRISE - SURPRISE NIGHT IS A FAVORITE MARIAN TRADITION! ALL 7TH AND 8TH-GRADE GIRLS ARE INVITED FOR A SNEAK PEEK AT ALL THE SURPRISING FUN. GATHER YOUR GIRLFRIENDS FOR A NIGHT OF BOUNCE HOUSES, CRAFTS, GAMES, SNACKS AND AN EXCLUSIVE SURPRISE NIGHT T-SHIRT. COST IS \$15.

REGISTER [HERE](#).

### GHOUL'S NIGHT OUT | YOUTH CHEER HALLOWEEN EVENT

**FRIDAY, OCT. 27 | 5:30-7:30 P.M.**

**MARIAN GYM**

LET'S BOO-GIE! JOIN THE MARIAN CHEERLEADERS FOR A NIGHT OF FUN. GIRLS IN GRADES PRE-K TO 5TH GRADE WILL LEARN A CHEER, LEARN A DANCE AND MAKE CRAFTS. WEAR YOUR HALLOWEEN COSTUME! \$30 REGISTRATION INCLUDES A TRICK-OR-TREATING REUSABLE TOTE. REGISTER [HERE](#) BY FRIDAY, OCT. 20.

### COLLEGE NIGHT FOR JUNIOR HIGH FAMILIES

**MONDAY, NOV. 6 | 6:30-7:30 P.M.**

**MARIAN'S HADDIX ACADEMIC CENTER | ENTER VIA THE MAIN ENTRANCE DOORS**

WANT TO LEARN MORE ABOUT HOW MARIAN WILL PREPARE YOUR DAUGHTER FOR LIFE AFTER HIGH SCHOOL? JOIN US FOR COLLEGE NIGHT TO LEARN HOW MARIAN'S STUDENT SERVICES TEAM WILL SUPPORT YOU AND YOUR DAUGHTER THROUGH THE COLLEGE PROCESS FROM DAY ONE! THE SESSION WILL BE LED BY MARIAN'S DEDICATED COLLEGE COUNSELOR. REGISTER [HERE](#).

### OPEN HOUSE

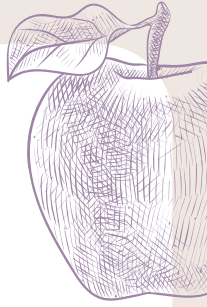
**SUNDAY, NOV. 19 | NOON-2:30**

GIRLS CURRENTLY ENROLLED IN 5TH THROUGH 8TH GRADE AND THEIR FAMILIES ARE INVITED TO LEARN MORE ABOUT MARIAN. A MARIAN STUDENT WILL TAKE YOU ON A PERSONALIZED TOUR OF THE SCHOOL, WHICH ALLOWS YOU TO SEE AREAS THAT ARE OF SPECIFIC INTEREST TO YOU. PREREGISTER [HERE](#) TO CHOOSE YOUR ARRIVAL TIME AND SKIP THE REGISTRATION LINE. WALK-INS ARE WELCOME!



# Thelma M. Landstrom Scholarship

## Four-Year Renewable Scholarship



### What?

CSF would like to inform you of a scholarship opportunity **available solely to 8th-grade women who are a part of the CSF scholarship program.**

**Marian High School has scholarship opportunities that are given ONLY to CSF scholars.**

**THE DEADLINE TO APPLY IS JANUARY 31ST, 2024**

### Requirements?

*\*These requirements may be flexible, please contact Nicole Kuehl for more information\**

- The applicant must meet the requirements to be a recipient of a CSF scholarship
- She must spend a day at Marian (Visit Day) during her seventh-grade year or the fall semester of her eighth-grade year.
- She must take the 8th-grade placement exam at Marian on **Saturday, January 13th, 2024** and meet admission requirements.
- **By January 31st she must submit the following;** a letter of recommendation from a current teacher/principal, an essay about what it would mean for her to attend Marian, and a personal statement that reflects her family story.

If you have further questions regarding this scholarship and its requirements, please contact:

### **Nicole Kuehl**

*Advancement Associate*

Marian High School

**[nkuehl@omahamarian.org](mailto:nkuehl@omahamarian.org)**

Phone: (402) 571-2618

ext. 1102.

### **Scholarship Application**

Please click on the button above to download the application and see a more detailed description of the requirements for the

**Thelma M. Landstrom Scholarship.**





# OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPV – Baby Carrots</b> 2 <b>Hot Dog on a WG Bun</b> <b>Or- Sunbutter &amp; Jelly Sandwich with a Cheese Stick</b> Baked Beans Mandarin Oranges	<b>Crispy Chicken on a WG Bun</b> <b>Or- Turkey &amp; Cheese Hoagie</b> Potato Wedges Chilled Pears	<b>Pizza Hut Pizza</b> <b>Or- Tuna Salad Croissant</b> Romaine Salad with Croutons Cherry Flavored Craisins	<b>Big Ol' Meatball with WG Garlic Bread</b> <b>Or- Italian Hoagie</b> Green Beans Crisp Apple	<b>WG French Toast Sticks with a Sausage Patty</b> <b>Or- Ham &amp; Cheese Hoagie</b> Glazed Carrots Strawberries
<b>National School Lunch Week Oct 9<sup>th</sup> – 13<sup>th</sup></b>				
<b>SPV – Grape Tomatoes</b> 9 <b>Breaded Mozzarella Cheese Sticks with Pizza Sauce</b> <b>Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick</b> Golden Corn Chilled Blueberries	<b>Chicken Pot Pie with a WG Biscuit</b> <b>Or- Turkey &amp; Cheese Hoagie</b> Mixed Vegetables Chilled Peaches	<b>Pepperoni Pizza</b> <b>Calzone</b> <b>Or- Chicken Salad Croissant</b> Fresh Broccoli Orange Smiles	<b>BBQ Chicken on a WG Bun</b> <b>Or- Italian Hoagie</b> Sweet Potato Fries Pineapple Tidbits	<b>Mini Corn Dogs</b> <b>Or- Ham &amp; Cheese Hoagie</b> Baked Beans Crisp Apple
<b>SPV – Baby Carrots</b> 16 Crispy Fish Sandwich <b>Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick</b> Green Beans Mandarin Oranges	<b>Grilled Cheese Sandwich</b> <b>Or- Turkey &amp; Cheese Hoagie</b> Sweet Potato Wedges Chilled Pears	<b>Pizza Hut Pizza</b> <b>Or- Tuna Salad Croissant</b> Romaine Salad with Croutons Mixed Fruit	<b>Crispy Beef Tacos w/a Lettuce &amp; Cheese Cup</b> <b>Or- Italian Hoagie</b> Seasoned Black Beans Banana	<b>Chicken Fried Steak with Gravy And a WG Ciabatta Roll</b> <b>Or- Ham &amp; Cheese Hoagie</b> Mashed Potatoes with Gravy Crisp Apple
<b>SPV – Grape Tomatoes</b> 23 <b>Cheese Dunkers w/Marinara Sauce</b> <b>Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick</b> Steamed Carrots Chilled Pears	<b>Cheeseburger on a WG Bun</b> <b>Or- Turkey &amp; Cheese Hoagie</b> <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Chili Beans Strawberries	<b>Cheesy Chicken Philly Sandwich</b> <b>Or- Chicken Salad Croissant</b> Jazz'd Crinkle French Fries Tropical Fruit	<b>Popcorn Chicken with a WG Biscuit</b> <b>Or- Italian Hoagie</b> Romaine Salad Orange Smiles	<b>Macaroni &amp; Cheese with a WG Soft Pretzel</b> <b>Or- Ham &amp; Cheese Hoagie</b> Mixed Vegetables Crisp Apple
<b>SPV – Baby Carrots</b> 30 <b>Crispy Chicken on a WG Bun</b> <b>Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick</b> Baked Beans Pineapple Tidbits	<b>Frightful Fried Chicken Drumstick with WG Bread</b> 31 <b>Or- Italian Hoagie</b> Witchy Sweet Potato Waffle Fries Chillingly Good Peaches Frightful Fruit Rollup	<b>Pizza Hut Pizza</b> <b>Or- Tuna Salad Croissant</b> Romaine Salad with Croutons Cinnamon Applesauce	<b>BBQ Pulled Pork Sandwich</b> <b>Or- Turkey &amp; Cheese Hoagie</b> Green Beans Banana	<b>Tot-Chos with Beef &amp; Cheese With Assorted WG Bread</b> <b>Or- Ham &amp; Cheese Hoagie</b> Tater Tots Crisp Apple

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. Denotes BEEF in product WG = Whole Grain  
 Please note: Menus are subject to change based on product availability. Please visit <https://westsidecommunityschoolsne.mealviewer.net/#home> for the most up-to-date menus.  
 This Institution is an equal opportunity provider.



# Follow us on social media

ALL SAINTS  
CATHOLIC SCHOOL  
Enrolling Now  
1100 South 13th Street  
346-3757



 ALL SAINTS  
CATHOLIC SCHOOL

 CUES SCHOOL SYSTEM | SACRED HEART  
ALL SAINTS  
HOLY NAME

