

1335 S. 10TH STREET OMAHA, NE 68108

# Weekly Take Home Thursday

- OCT. 6 NO SCHOOL OCT. 30 NO SCHOOL
- OCT. 9 NO SCHOOL NOV. 3 NO SCHOOL

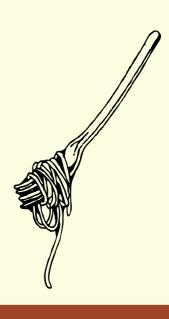




# SPAGHETTI DINNER OCTOBER 15

THERE ARE OPPORTUNITIES FROM OCTOBER 7TH ALL THE WAY UP TO THE DINNER ON THE 15TH!! PLEASE SIGN UP.

https://www.signupgenius.com/go/70A0 F48ADAB2DA46-stfrances#/





Thursday, October 5: Future Cardinal Fan Night – Volleyball 7:00 pm

6th – 8th grade girls are invited to be our guest for a home varsity volleyball game and fun!

<u>Future Cardinal Fan Night - Volleyball</u>

Friday, October 6: Cardinal Coffee 8:30- 10:00 am

Parent information morning with coffee, a meeting, and a tour!

Cardinal Coffee - October 6

Saturday, October 7: Harvest Party

7:30-10:00 pm

8th grade girls are invited to experience the fall season on Duchesne's historic campus!

Harvest Party 2023



Upcoming Events at Mercy High School, for more information go to <a href="https://www.mercyhigh.org/admissions/recruitment-events.cfm">https://www.mercyhigh.org/admissions/recruitment-events.cfm</a>

7th & 8th Grade Girls Mercyfest on October 14th from 5-8 p.m.

Play games, meet new friends, create an art project, have dinner, and learn skills from Mercy volleyball players.

6th-8th Grade Lunch & Learn for Parents from Noon-1 P.M.

October 17th

November 9th

December 6th

Enjoy lunch and conversation with our president and principal to learn why more Omaha parents are choosing Mercy for their daughters.

# Thelma M. Landstrom Scholarship Four-Year Renewable Scholarship

#### What?

CSF would like to inform you of a scholarship opportunity available solely to 8th-grade women who are a part of the CSF scholarship program.

Marian High School has scholarship opportunities that are given ONLY to CSF scholars.

### THE DEADLINE TO APPLY IS JANUARY 31ST, 2024

### Requirements?

\*These requirements may be flexible, please contact Nicole Kuehl for more information\*

- The applicant must meet the requirements to be a recipient of a CSF scholarship
- She must spend a day at Marian (Visit Day) during her seventh-grade year or the fall semester of her eighth-grade year.
- She must take the 8th-grade placement exam at Marian on **Saturday, January 13th, 2024** and meet admission requirements.
- **By January 31st she must submit the following**; a letter of recommendation from a current teacher/principal, an essay about what it would mean for her to attend Marian, and a personal statement that reflects her family story.

If you have further questions regarding this scholarship and its requirements, please contact:

### Nicole Kuehl

Advancement Associate
Marian High School
nkuehl@omahamarian.org

Phone: (402) 571-2618

ext. 1102.

### **Scholarship Application**

Please click on the button above to download the application and see a more detailed description of the requirements for the **Thelma M. Landstrom Scholarship.** 





### ABSENTEE & RETAKE PICTURE DAY



### BACKGROUNDS MAY VARY - MORE CHOICES ONLINE!

#### RETAKE:

For a no charge retake, return the entire package to the photographer on retake day.

#### ABSENTEE:

Please Order Now!

















You can select
multiple backgrounds
& build your package.
MUST PURCHASE
ONLINE TO
SELECT MULTIPLE
BACKGROUNDS!



### **ALL SAINTS CATHOLIC SCHOOL**

Absentee/Retake Picture Day is

October 18, 2023

### 0092922AR

order code for online purchases

(password expires 24 hrs. after picture day)

**CLICK TO ORDER** 



THIS IS A PREPAY EVENT. PAYMENT IS DUE ON PICTURE DAY. Este es un evento prepagado. Pago se debe entregar el dia de las fotos.

BARKSDALE SCHOOL PORTRAITS | WWW.BARKSDALEPHOTO.COM
PICTURES WITH CLASS by Barksdale | WWW.PICTURESWITHCLASS.COM
HOCKMEYER with Barksdale | WWW.HOCKSTUDIO.COM
QUESTIONS? 1.800.220.7667



### **FALL ACTIVITIES AT MARIAN**

SEE FOR YOURSELF WHAT IT'S LIKE TO BE A MARIAN GIRL – SPEND THE DAY WITH A CURRENT STUDENT! VISIT DAYS ARE CURRENTLY OPEN FOR SEVENTH AND EIGHTH-GRADE GIRLS. IN THE SECOND SEMESTER, VISITS WILL OPEN FOR SIXTH-GRADE GIRLS AS WELL. SPACES ARE LIMITED -SCHEDULE YOUR VISIT HERE.

## VOLLEYBALL FAN NIGHT THURSDAY, OCT. 12 | JV @ 5:30PM & VARSITY @ 6:30PM

JOIN US IN THE EAST GYM ON MARIAN'S CAMPUS TO WATCH OUR CRUSADERS TAKE ON WESTSIDE! WEAR YOUR GRADE SCHOOL JERSEY/SHIRT OR A MARIAN T-SHIRT FOR FREE ADMISSION, NO PREREGISTRATION IS NEEDED. FREE MARIAN SWAG AND A RAFFLE DRAWING!

### MINI SURPRISE NIGHT FRIDAY, OCT. 20, 2023 | 7-9 P.M.

IT'S NO SURPRISE - SURPRISE NIGHT IS A FAVORITE MARIAN TRADITION! ALL 7TH AND 8TH-GRADE GIRLS ARE INVITED FOR A SNEAK PEEK AT ALL THE SURPRISING FUN. GATHER YOUR GIRLFRIENDS FOR A NIGHT OF BOUNCE HOUSES, CRAFTS, GAMES, SNACKS AND AN EXCLUSIVE SURPRISE NIGHT T-SHIRT. COST IS \$15.

REGISTER HERE.

# GHOUL'S NIGHT OUT | YOUTH CHEER HALLOWEEN EVENT FRIDAY, OCT. 27 | 5:30-7:30 P.M. MARIAN GYM

LET'S BOO-GIE! JOIN THE MARIAN CHEERLEADERS FOR A NIGHT OF FUN. GIRLS IN GRADES PRE-K TO 5TH GRADE WILL LEARN A CHEER, LEARN A DANCE AND MAKE CRAFTS. WEAR YOUR HALLOWEEN COSTUME! \$30 REGISTRATION INCLUDES A TRICK-OR-TREATING REUSABLE TOTE. REGISTER HERE BY FRIDAY, OCT. 20.

# COLLEGE NIGHT FOR JUNIOR HIGH FAMILIES MONDAY, NOV. 6 | 6:30-7:30 P.M. MARIAN'S HADDIX ACADEMIC CENTER | ENTER VIA THE MAIN ENTRANCE DOORS

WANT TO LEARN MORE ABOUT HOW MARIAN WILL PREPARE YOUR DAUGHTER FOR LIFE AFTER HIGH SCHOOL? JOIN US FOR COLLEGE NIGHT TO LEARN HOW MARIAN'S STUDENT SERVICES TEAM WILL SUPPORT YOU AND YOUR DAUGHTER THROUGH THE COLLEGE PROCESS FROM DAY ONE! THE SESSION WILL BE LED BY MARIAN'S DEDICATED COLLEGE COUNSELOR. REGISTER HERE.

### OPEN HOUSE SUNDAY, NOV. 19 | NOON-2:30

GIRLS CURRENTLY ENROLLED IN 5TH THROUGH 8TH GRADE AND THEIR FAMILIES ARE INVITED TO LEARN MORE ABOUT MARIAN. A MARIAN STUDENT WILL TAKE YOU ON A PERSONALIZED TOUR OF THE SCHOOL, WHICH ALLOWS YOU TO SEE AREAS THAT ARE OF SPECIFIC INTEREST TO YOU. PREREGISTER HERE TO CHOOSE YOUR ARRIVAL TIME AND SKIP THE REGISTRATION LINE. WALK-INS ARE WELCOME!

## ALL SAINTS COUNSELOR CORNER

Ms. Ervin: October Newsletter

### **Themes**

Throughout October your
Students will be finishing up
Growth Mindset. Students' have
learned ways to set goals, grow
their brains, and the importance
of practice. Students will begin
learning about Emotional
Regulation and how our
emotions effect our every day
lives.

## At Home

Here are some helpful tips to help your student with Emotional Regulation at Home.

- Reassure your child that all feelings are valid.
- Practice deep breathing.
- Be an example for your child.
- Allow your child to feel their emotions.
- Prepare your child for negative emotions.

### **Contact Me**

If you have any questions or concerns about your child, please feel free to reach out to me. My contact information is below:

- hervin@allsaintscs.org
- 402-346-5757 ext. 2016

### Resources

Here are a few Resources for you and your child.

Catholic Charities:

 We are excited to be partnering with Catholic Charities again this year. Our In-School Therapist is Jamal Morton. If therapy for your child is something you would be interested in please contact me.

#### Teammates:

We are excited to welcome the Teammates
 Mentoring Program back to All Saints! Any
 student from grades 3-8 can have a mentor.
 Teammates gives students an opportunity to
 work with an adult mentor to build leadership
 and other life skills. If you or your child are
 interested please contact me.

How to Help Kids Understand and Manage their Emotions:

https://www.apa.org/topics/parenting/emotion-regulation





# treering



**10% OFF** 

purchase by September 30

# CAPTURE YOUR MEMORIES IN THIS YEAR'S

# ALL SAINTS CATHOLIC SCHOOL YEARBOOK!

### Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

#### To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

Go to: www.treering.com/validate

2 Enter your school's passcode: 1015828224843051

Regular price: \$14.10

Create Custom Pages by: Mar 25











# OCTOBER



Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Baby Carrots 2  Hot Dog on a WG Bun Or- Sunbutter & Jelly Sandwich with a Cheese Stick Baked Beans Mandarin Oranges	Crispy Chicken on a WG Bun Or-Turkey & Cheese Hoagie Potato Wedges Chilled Pears	Pizza Hut Pizza Or- Tuna Salad Croissant Romaine Salad with Croutons Cherry Flavored Craisins	Big Ol' Meatball with WG Garlic Bread Or-Italian Hoagie Green Beans Crisp Apple Farm to School	WG French Toast Sticks with a Sausage Patty Or- Ham & Cheese Hoagie Glazed Carrots Strawberries
SPV – Grape Tomatoes 9 Breaded Mozzarella Cheese Sticks with Pizza Sauce Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Golden Corn Chilled Blueberries	Chicken Pot Pie with a WG Biscuit Or-Turkey & Cheese Hoagie Mixed Vegetables Chilled Peaches	Pepperoni Pizza Calzone Or-Chicken Salad Croissant Fresh Broccoli Orange Smiles	BBQ Chicken on a WG Bun Farm to School  Or- Italian Hoagie	Mini Corn Dogs Or- Ham & Cheese Hoagie Baked Beans Crisp Apple
SPV – Baby Carrots 16 Crispy Fish Sandwich Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Green Beans Mandarin Oranges	Grilled Cheese Sandwich Or-Turkey & Cheese Hoagie Sweet Potato Wedges Chilled Pears	Pizza Hut Pizza Or- Tuna Salad Croissant Romaine Salad with Croutons Mixed Fruit	Crispy Beef Tacos w/a Lettuce & Cheese Cup Or-Italian Hoagie Seasoned Black Beans Banana	Chicken Fried Steak with Gravy And a WG Ciabatta Roll Or- Ham & Cheese Hoagie Mashed Potatoes with Gravy Crisp Apple
SPV – Grape Tomatoes 23 Cheese Dunkers w/Marinara Sauce Or- Sunbutker & Jelly Sandwich w/a Cheese Stick Steamed Carrots Chilled Pears	Cheeseburger on a WG Bun Or-Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Soft Pretzel Chili Beans Strawberries	25 Cheesy Chicken Philly Sandwich Or- Chicken Salad Croissant Jazz'd Crinkle French Fries Tropical Fruit	Popcorn Chicken with a WG Biscuit Or-Italian Hoagie Romaine Salad Orange Smiles	Macaroni & Cheese with a WG Soft Pretzel Or- Ham & Cheese Hoagie Mixed Vegetables Crisp Apple Fam to School
SPV – Baby Carrots 30  Crispy Chicken on a WG Bun Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Baked Beans Pineapple Tidbits	Frightful Fried Chicken 31 Drumstick with WG Bread Or-Italian Hoagie 7 Witchy Sweet Potato Waffle Fries Chillingly Good Peaches Frightful Fruit Rollup	Pizza Hut Pizza Or- Tuna Salad Croissant Romaine Salad with Croutons Cinnamon Applesauce	BBQ Pulled Pork Sandwich Or-Turkey & Cheese Hoagie Green Beans Banana	Tot-Chos with Beef & Cheese With Assorted WG Bread Or- Ham & Cheese Hoagie Tater Tots Crisp Apple

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. Denotes BEEF in product WG = Whole Grain Please note: Menus are subject to change based on product availability. Please visit <a href="https://westsidecommunityschoolsne.mealviewer.net/#home">https://westsidecommunityschoolsne.mealviewer.net/#home</a> for the most up-to-date menus. This Institution is an equal opportunity provider.

